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Equinox takes its yoga outside at The J. Parker



By JoVona Taylor

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The J. Parker, a restaurant/lounge on the 13th floor of Hotel Lincoln, is no longer just for eating and drinking. Hotel Lincoln and Equinox Fitness Club have teamed up for Rooftop Yoga, a yoga class on the rooftop of The J. Parker that debuts in June. The class features Equinox instructors and takes place from 7 a.m. to 8 a.m. every Wednesday throughout the month. Bob Shelley, Hotel Lincoln general manager, said the hotel was in need of a creative way to give members of the community access to the rooftop view, and Rooftop Yoga is a great way to offer something unique to the neighborhood. "With Equinox Lincoln Park next door, it was a natural fit to partner with their team, and we are excited to offer this unique fitness experience to their members, as well as our hotel guests and friends in the neighborhood," he said. Rooftop Yoga costs \$5 for Equinox members, \$20 for non-members and is free for hotel guests. All registered attendees have full-day access to Equinox Lincoln Park. Classes will be relocated to Equinox if weather prevents use of the J. Parker. Call Equinox Lincoln Park to register for Rooftop Yoga at 312-254-4000.